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News Release

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For Immediate Release

Pennock Health Services and Hastings Orthopedic Clinic Bring Expanded Orthopedic Care to Barry County



Pictured: Dr. David J. Heeringa with Pennock Hospital's new HANA™ Hip and Knee Arthroplasty Table – the only surgical table designed exclusively for Hip and Knee Arthroplasty.

HASTINGS, Mich. — Together, Pennock Health Services and Hastings Orthopedic Clinic have expanded their breadth of orthopedic services; providing sophisticated, high level care right in Hastings, Michigan. This unique partnership ensures patients receive fully comprehensive musculoskeletal care, including the latest advancement in Anterior Total Hip Replacement, Reverse Total Shoulder Replacement, Total Knee Arthroplasty, and an Unicompartmental Knee Arthroplasty.

To accompany this new array of advanced procedures and equipment, Hastings Orthopedic Clinic welcomes Dr. David J. Heeringa, D.O., to their team, along with Pennock Hospital, as their new onsite orthopedic surgeon.

Dr. Heeringa received his undergraduate degree from Calvin College and graduated from Michigan State University College of Osteopathic Medicine. He completed his internship and residency at Mount Clemens Regional Medical Center. In addition, Dr. Heeringa is a member of American Osteopathic Association and the American Academy of Orthopedic Surgeons.

Together with Dr. Heeringa, Pennock Health will now offer the latest in cutting edge orthopedic care, focusing on a new approach to hip replacements, an anterior total hip replacement. With approximately 375,000 Americans undergoing hip replacement surgery each year, an anterior approach will allow faster recovery times and better joint stability after surgery. An anterior hip replacement uses the same type of implants as traditional total hip replacement, however, the new anterior approach allows Dr. Heeringa the ability to access the joint in a special way, leaving the important muscles for hip function undisturbed. Pennock Hospital recently obtained the HANA™ Hip and Knee Arthroplasty Table – the only surgical table designed exclusively for Hip and Knee Arthroplasty.

“Pennock is extremely supportive of its orthopedic patients and staff,” says Dr. David Heeringa, D.O. “This is a portion of why I chose Pennock, not only because I am connected to its core values, but because the staff and the hospital truly care about patients. An excellent example of their ongoing support is the implementation of the new anterior approach to total hip

arthroplasty. This minimally invasive hip replacement procedure enables patients to regain normalcy in their lives at a much faster pace.”

“With the invention of a special surgical table designed specifically for the anterior approach, incisions are much smaller,” says Dr. Heeringa. “More importantly, there is no muscle detachment from the bone during this procedure.”

For years, the posterior (back) and lateral (side) approaches have been implemented throughout the United States. Both approaches cut the muscle and tendons off the bone to enter the hip joint, making recovery time extensive.

“Complications with the posterior and lateral approaches often result from muscle insertion disruption, weakening, and time for healing required with each respective approach,” says Dr. Heeringa. “Because these disrupted muscles need time to heal, these approaches require strict post-operative restrictions for about six to eight weeks after surgery.”

With the latest anterior hip replacement procedure, surgeons can now work between muscles, making a single incision in the groin. These techniques provide better access to the hip and more accurate measurements of leg lengths. As a result of this anterior approach, Pennock Health can now offer a decreased hospital stay, faster recovery, more accurate leg length control, no muscle detachment, a small incision, and reduced pain and risk of dislocation.

“Above all, I am excited to be a part of the Pennock Health Family and I am looking forward to becoming a part of this community,” says Dr. Heeringa. “I urge patients who have questions regarding the anterior approach to total hip replacement to schedule an appointment with me. Together, we can discuss your options and get you back to where you want to be.”

Dr. Heeringa will be seeing patients at Hastings Orthopedic Clinic, Pennock Hospital, and Pennock Ionia Center. To schedule a direct appointment, please contact Hastings Orthopedic Clinic at 269-945-9520.



Please scan here to learn more about Pennock Health's
Orthopedic and Anterior Hip Replacement Services

About Pennock Health Services

Pennock Health Services is Barry County's premier healthcare provider, featuring Pennock Hospital, an 88-bed, non-profit, Joint Commission-accredited facility providing personalized healthcare services with state-of-the-art technology to over 130,000 people per year. In the past three years, Pennock has been recognized with the coveted Solucient Top 100® Hospital Award, Governor's Awards for Improving Safety and Quality of Care in the Hospital Setting, and the "101 Best and Brightest Places to Work" Award. Pennock offers a wide range of services, including a Family Birthing Center, MRI, Drive-Thru Pharmacy, a Health and Wellness Center, and senior independent living at Pennock Village. Pennock's State Street Center is the convenient choice for Outpatient Laboratory and Radiology Services, Patient Accounts, Hospice, Homecare, Urgent Care, and Occupational Medicine. Pennock Health Services is your partner in personal, professional, and progressive care. For additional information, call the Pennock Physician Referral line at (269) 945-1PHY (1749), or visit us online at www.pennockhealth.com.